

HTE and Children with Special Needs

I am a Neurodevelopmental Therapist who works with children labeled as ADHD, Dyslexic, Autistic, or with any serious learning problem. When I was first shown the Chi Machine, I didn't make the connection with its possible use in neural systems therapy. Over time, however, I did decide to try the Chi Machine on some of my patients. There were excellent results in combination with therapy.

A girl went from crawling to climbing upstairs, to walking; a boy started speaking more clearly; many others were calm and focused. – *Janet O., MN*

Children with ADHD, ADD, Autism, Cerebral Palsy, Head Trauma, Down's Syndrome helped with Chi Machine and HotHouse (Far infrared)

“From an occupational therapy perspective, we are clinically finding very positive impacts of the Chi machine for facilitation of self-regulation, calm state, better sleeping, and postural mobility. Children with a wide range of diagnoses including Autism, Attention Deficit and head trauma, have been benefiting from the Chi Machine.

The Chi Machine makes an excellent home program for accelerating progress in all the above areas.”

--- *Nancy Lawton-Shirley, Occupational Therapist*

Nancy runs a school for children with special needs. The school provides services for approximately 250 children a week. She has helped numerous children with various disorders over the past five years. Below, a summary of her analysis taken from a DVD of her presentation to a gathering of HTE distributors and parents, will encourage those looking for alternatives.

ADHD/ADD/Autism (Changes seen)

Sleep improves; behavioural issues lessen; better concentration; coordination of muscles; calmer response to touch, sound, movement

Anxiety/Anxiety Disorders (Examples)

Distressed by new activities, people, or places; excessive worrying; anticipates disaster in activities; overwhelmed by touch, movement, sound, etc.

Anxiety/Anxiety Disorders (Changes seen)

Calmer; more flexible; better sleep; relaxed facial muscles

Cerebral Palsy (Changes seen)

Improved range of motion of limbs; increased relaxed muscles; relaxed feet, less stiffness; increased movement through trunk/body during chi machine use; decreased pain of tight muscles(chi machine and Far infrared dome)

Learning Disability (Changes seen)

Some find learning easier; some find concentration better; less stress

Down's Syndrome (Changes seen)

Decreased constipation; increased alert state; increased calm

Head Trauma/Stroke (Changes seen)

Improved coordination; improved independence; improved use of limbs; increased calm state; increased body awareness

Things to look for while your child is on the Chi Machine:

- Relaxed facial muscles
- Less restlessness
- Increased eye contact
- Increased interaction
- Body awareness
- With regular use of the Chi Machine the child will be calmer
- Use the HotHouse for tight muscles
- The Hothouse will calm the child while he/she is on the Chi Machine.
- Weighted blanket: Lay it on the child's chest to calm and settle the body
- Play soft music while on the Chi Machine – do not use head phones
- No florescent lights
- Things in the hand settles a child down: squiggles or something squishy in the hands
- For some, things in the mouth is calming: chew tubes or something they can chew on
- If the child is too scared to lie on the floor using the Chi Machine, have him/her sit on a chair with the Chi Machine on the floor in front of the chair, placing the child's feet on the stirrups of the Chi Machine. Remember to have your child drink water before and after using the Chi Machine.

TESTIMONY

I have been a foster grandmother to an autistic child since he was age four. When Ronnie came into my life, he did not speak, had numerous behavior problems, was not potty trained, had a poor appetite, very restless, banged his head all the time, rocking and banging while he tried to sleep. I had been a nurse for many years and was retired, I also had hours in child physiology which I thought would be beneficial. He and I struggled together. I had contacted child welfare for assistance and they sent in a speech therapist which helped a little. Then one day a friend called me to tell me about this wonderful Chi Machine that she wanted me to look at. She had heard the story of my own health issues, but my main concern was things that would help Autism and our conversation turned to Ronnie.

Since beginning to use the Chi Machine, Ronnie's school work improved 58%. He has begun to form words and articulating connecting words like, "I drink" when wanting a drink where before he would just come and stand in front of you and you had to ask questions to find out what he wanted. He had so much trouble forming words with his tongue. It has been three years since Ronnie has been using the Chi Machine and FIR Dome, he is now going into the sixth grade. He can speak more clearly and ask for things he wants in a sentence. The rockings have gone down and the acting out in public is almost never. He uses the Chi Machine and FIR Dome every morning for 15 minutes before school.

I spoke to a doctor asking why was Ronnie responding to the Chi Machine and he told me that for the first time in Ronnie's life his right brain was able to communicate with the left brain. – *Mary Jo H.*

Go to www.chimachineconsulting.com to see a 45 minute video by Nancy Lawton-Shirley.